Major in Occupational Therapy

School of Health Technology and Management

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**Occupational Therapy**

Occupational therapy is the art and science of directing an individual's participation in selected tasks to restore, reinforce, and enhance performance in activities that are important and meaningful to their health and well-being. Reference to occupation in the title is in the context of an individual's goal directed use of time, energy, interest, and attention. An occupational therapist's fundamental concern is the client's development and maintenance of the capacity to perform, throughout the life span and with satisfaction to self and others, those tasks and roles essential to productive living and to the mastery of self and the environment.

Occupational therapy provides service to those individuals whose abilities to cope with tasks of living are threatened or impaired by developmental deficits, the aging process, poverty, cultural differences, physical injury or illness, or psychological and social disability. Occupational therapy serves a diverse population in a variety of settings such as hospitals and clinics, rehabilitation facilities, long-term care facilities, extended care facilities, sheltered workshops, schools and camps, private homes, and community agencies.

The occupational therapy program offers an entry-level, multi-award B.S. in Health Science/M.S. in Occupational Therapy (BSHS/MSOT) degree.

**Pre-Application Requirements for the Major in Occupational Therapy**

1. 3 credits of English composition
2. 6 credits in the arts and/or humanities, excluding studio, skills, and techniques courses
3. 9 credits of Social and Behavioral Sciences (must include Introduction to Psychology and Abnormal Psychology and either Introduction to Sociology or Introduction to Cultural Anthropology.
4. 8 credits of biology and 4 credits of anatomy, or 4 credits of biology and 8 credits of anatomy & physiology
5. 3 credits of Statistics
6. 4 credits of Chemistry with laboratories (must be courses designated for science majors)
7. 4 credits of Physics with laboratories (must be courses designated for science majors)
8. Cardiopulmonary resuscitation and first-aid certification
9. A minimum of 40 hours experience observing occupational therapy treatment in two different settings (outpatient rehabilitation, developmental disabilities, acute care, nursing homes, and schools) under the supervision of an occupational therapist (OTR)
10. 2.50 g.p.a. (Preference is given to students with a 3.00 g.p.a. or higher)

Notes:

1. Students completing the courses at Stony Brook should take BIO 202, BIO 203, and BIO 204 Fundamentals of Biology.
2. Preference is given to students who have completed science requirements within the last ten years.

For more information, please visit http://www.hsc.stonybrook.edu/shtm/index.cfm.
HAO

Occupational Therapy

HAO 313: Introduction to Occupational Therapy
Introduces the history and essential aspects of occupational therapy. Examines philosophical base, definitions related to the practice, scope of practice and role delineations. Provides an orientation to professional organizations, statutes, and credentialing. Open to west campus students.

1 credit