Coaching

Program Coordinator
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Graduate Certificate Awarded
Advanced Graduate Certificate in Coaching

Website
http://www.stonybrook.edu/spd/graduate/coaching.html

Coaching Program Description

Stony Brook University’s Advanced Graduate Certificate in Coaching program (HEGIS 0835) prepares students to become New York State certified athletics coaches. Students will examine a broad range of issues that impact the coach in today’s educational climate, including learning theories, social and psychological issues, principles of organization and administration, kinesthetic theories, injury care, and exercise and nutritional considerations. This program is offered completely online to meet the demands of busy professionals. »Find out more about online learning at the School of Professional Development.

For students who wish to continue their studies, this graduate credential may also be incorporated into our Master of Arts in Liberal Studies degree program.

Gainful Employment Regulation Disclosures

Coaching Admissions

A. Personal statement.

B. A bachelor’s degree, with a cumulative 3.0 grade point average.

C. In those cases where the departmental admissions committee deems it desirable, personal interviews with departmental representatives may be necessary.

Certificate Requirements

This 18-credit certificate program consists of 6 three-credit courses, distributed among the areas listed below.

1. Required Courses - 15 credits

   CEP 502 Principles of Coaching
   CEP 507 Philosophy, Principles & Organization of Athletics in Education
   CEP 513 Health Sciences Applied to Coaching I: Care & Prevention of Athletic Injuries
   CEP 514 Health Sciences Applied to Coaching II: The Study of Human Movement
   CEP 520 Theory and Techniques of Coaching: Sport-Specific Practicum (Prerequisite: CEP 507)

2. Elective - 3 credits

   CEP 500 Sport and Society
   CEP 508 The Concepts of Leisure, Play and Recreation in America*
   CEP 517 Psychology of Sport
   CEP 518 Exercise and Nutrition (prerequisite: a course in anatomy and physiology or CEP 514)
   HEA 533 Intercollegiate Athletics in Higher Education

Faculty

The program's faculty is composed of practitioners and researchers who are leaders in the field. While they may present at national conferences, most also retain their full-time administrative positions. Their experience informs their instruction, allowing them to connect the theories that they are teaching to real-world situations.

NOTE: The course descriptions for this program can be found in the corresponding program PDF or at COURSE SEARCH.